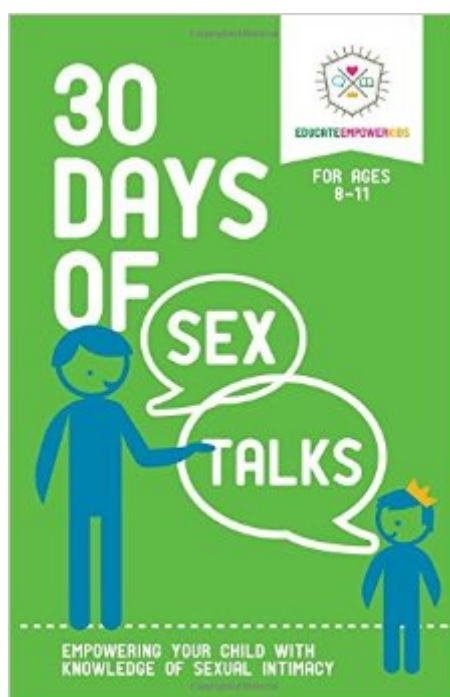


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# 30 Days Of Sex Talks For Ages 8-11: Empowering Your Child With Knowledge Of Sexual Intimacy (Volume 2)



## Synopsis

The most meaningful discussions you will have with your childâ€”made easy! This book contains downloadable, bonus content! Included with this book is a code that will allow you to download topic cards which can be printed and placed in strategic locations, such as a mirror, refrigerator or in your pocket, to remind you and your child to start talking! Written by parents and reviewed by professionals, the 30 Days of Sex Talks program makes it simple for you to discuss love, sex, changing bodies, as well as address dangerous messages from the media and various online sources. This book contains 30 topics for discussion including: puberty, curiosity, self-worth, and intimate relationships. These topics can be used to start important dialogue with your child while allowing you to interject your feelings, thoughts, and cultural beliefs. You and your child can talk about sex in the context in which it belongs; as part of a healthy relationship that also includes joy, laughter and the full range of emotion that defines human intimacy. Between the ages of eight and 11, children become much more aware of their bodies. Knowledge about how the human body works and how the body changes can empower your child! Remember that having these talks with your child will establish a pattern of healthy conversations for the future. Your goal is that your child will feel comfortable talking to you about anything as he or she grows into the healthy, knowledgeable person he or she will become.

## Book Information

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## Customer Reviews

My oldest daughter has a 9 year-old step-daughter who we all adore. This is a very tough age and I can't imagine having to face the difficulties of going into adolescence with the ridiculous media

messages that currently saturate our media. I purchased 30 Days of Sex Talks for Ages 8-11 Empowering Your Child With Knowledge of Sexual Intimacy to help my daughter and her husband give our granddaughter a fighting chance when it comes to having healthy and happy relationships throughout her life. This series of books is a very easy crash course for parents to be able to broach the subject of sexuality without being awkward or causing embarrassment. The book is very easy to read and use I found that the version for Ages 8-11 addresses all the issues kids may be hearing at school and in the media. While it doesn't contain any explicit religious teachings, it can be used equally well by itself or as a supplement to a person's religious principles. I was fairly shocked to see a section on "Sexting and Social Media" in this version for Ages 8-11, but then I thought about it and most kids these ages have smartphones so this is completely appropriate. Parents can decide what to share and emphasize from the various sections in the book, however if the authors included a subject you can bet it is for good reason. Get this book and help your pre-teen and pre-middle school kids stay ahead of the curve and the onslaught of danger to their physical, emotional and spiritual well-being in the years to come.

As a Marriage and Family Therapist, I work with many children and adolescents who struggle to understand appropriate sexual behavior. Today's media centric culture makes teaching healthy sexual boundaries even more difficult than ever before. This book is a great way to address healthy sexuality, without the fear that many parents have about moralizing. Using this book as a starting point is a comfortable and helpful way to get these important concepts into the conversation with your children. This is an excellent tool for both professionals and parents.

I have been searching for a book that will help me give age-appropriate information about healthy sexuality to my children. I am thrilled to have this book as a resource for my children! I feel strongly about guiding and empowering my children with information as they develop a healthy sexual self-image, and eventually healthy sexual relationships, based upon mutuality, commitment, respect, playfulness and joy. I plan on using the printable conversation cards to prompt us to keep our discussions ongoing. Thank you, thank you! This is exactly what I was looking for.

I like it...I don't love it. Sure it gives you good topics to discuss BUT being a awkward parent that isn't sure how to discuss these things...I would have liked more of an outline and points to make sure I cover. Of course I know that all of the information about the sex talk is subjective and every parent will have their own info to give, but I am terrible at this and would have liked a lot more

discussion points or questions that would help me. There were two or three helpful questions on each topic which were great. I guess from reading the reviews I just expected more in depth facts and more of a step by step guide on how to start conversations. ie. from Page 35, "Discuss the natural physical progression of a healthy sexual relationship." I have no idea how to even start but I guess that is more of a "me" problem than the book. I need a, "How to give children the Sex Talk for Dummy's." HA! I LOVED "It's Perfectly Normal" and "The Boy's Book" that I bought alongside this book though. They were more of what I was looking for. Don't discount this book though, it does have helpful info and talking points! After we go through the other books first, this book may be easier to get through with my children.

Not exactly what I expected as it's not a book that you simply read through. Instead it is a presentation of discussion points for the parent to use as a platform to work through various well structured topics which allows the parent to express their own values. I think that 30 days is a bit much and I covered a number of days in one go - it depends on the kid. All in all, it made the task easier and the discussion easy.

What a great book to help someone to sex educate their kids. My son is turning 9 and he is getting more and more curious about his body and sex subject. I think parents still have to talk and explain themselves, but book like that can help a lot on the way.

What a great tool for parents! My oldest is 7 and small questions are starting to come! I was never given "the talk" by either of my parents so I don't know how to present this to my kids. This can be an uncomfortable situation for both you and your child, and this book shows me ways to make it less uncomfortable. 5 Stars all the way!

I know of so many people who have yet to speak with their children about these topics. Most are leery to bring up the conversation, they don't know what to say and don't want to repeat how their own parents went about it with them. Going about it without any resources can make it extremely awkward and make your child want to shut out what you are trying to tell them; leaving them to gain knowledge from the wrong sources: friends and media. Do yourself and your children a favor and purchase this affordable book, it will make your job as the parent and educator so much easier. You are your child's only advocate and there are few things more important to discuss with your children. The sooner you start discussing these topics with kids the less awkward and uncomfortable it will be

for all of you! Research states that children are most comfortable asking questions about these topics in the future with the person they first hear about them from. I don't know about you, but I want that person to be me, or their father. You will not regret this purchase! Happy reading,  
EDUCATING and EMPOWERING-JRA

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